

CHCS ROUNDUP

A newsletter of
College Heights Christian School



Volume XXVII, No 2 September 14, 2023

Joy Filled School

We are almost at the end of our second week of school and the one main attribute that comes to mind is "joy". As I work hard to get each system of our school in full operation I am encountering all kinds of "joy". There's joy within the steps of our teachers and staff as they excitedly share new plans, lessons and ideas to their students. There is joy within our office staff, who through the teamwork of support are accomplishing so much. There is joy within the conversations I have been having with many parents and families. But most importantly there is joy within the students themselves, everywhere I go in all of our classrooms. We have a pretty special community here and as it grows we, at CHCS, are witness to the amazing new friendships that are forming everyday. I see the joy and excitement of grade 4 students who excitedly share their passion about rocks and a new friendship has been kindled with a common interest of rocks. I see Jr. High girls who are skipping alongside of their newest classmate, and a volleyball team of boys who have embraced their new grade 8er who has joined the school. God's presence is here, and He has brought all of us together.

As we journey through this school year through all of the ups and downs, let us keep this realization close to our hearts. God has brought all of us together and He will see us through.

I am blessed to serve Him in this capacity, as we launch and begin each of our systems, I ask that you join me in this unity. Let us team up together to for the best education possible for our kids.

~ Steven Gabrys, Principal



School Board Meeting:

The next meeting will be on Monday,
September 25 at 7:30 pm.



*All Scripture is breathed out
by God and profitable for
teaching, for reproof, for
correction, and for training
in righteousness.*

2 Timothy 3:16

Dateline:

September

- 15** No School
- 19 Student Photo Day - individual and class pictures
- 20 Gr 7-9 to Kraay Family Farm Corn Maze
- 21 ECS - Gr 6 to Kraay Family Farm & Corn Maze
- 22 Terry Fox Run
- 24 Triathlon Race - Schacres Lake
- 25 Gr 4 & 7 to Des Crossley Demonstration Forest
- 26-28 Gr 7 & 8 - Great Escape - Outdoor School
- 26-28 Gr 9 - Camp Yowochas
- 28 Orange T-shirt Day
- 29** No School - Truth & Reconciliation Day

CHCS is please to welcome the following new students and staff to the 2023-2024 school year!

STUDENTS

ECS

Alexander Bezukh, Falon Brown, Riley Brown, Seve Dangatan, Tyras Desjardins, Ashley Drummond Ge, Eliza Emerson, Eleanor Fitch, Isabella Gerst, Agnes Ollila, Emily Rambally, Email Slyusarenka, Caleb Taylor, Maisy Thomas and Jase Wierenga

Grade 1

Joshua Cooke

Grade 3

Mackenzie Adams, Diana Shkarupa and Steve Shkarupa

Grade 4

Zoe Adams, Bentley Livadney and Sofiya Slyusarenka

Grade 5

Edward Cooke and Samuel Pule

Grade 6

Deiniol Dzineku and Isabella Willing

Grade 7

Raman Slyusarenka and Letizia Souza Aguiar

Grade 8

Dale Dzineku, Phoenix Magtalas, Violet McNeill, Elianna Pallares, Mikaela Pallares, Evelina Shkarupa, Kyin Tataryn and Ethan Willing

Grade 9

Nemuel Emen, Jacqueline Hollsworth, Matthew Jamieson and Daphne Mu

STAFF

Ralph Bochinski - Bus Driver & Maintenance

Jelanie Coke-Talbot - Grade 6 Teacher

Maretes Emmons - Grade 7 Teacher

Angela Manzanares - Grade 8 Teacher

Melissa McAfee - Education Assistant



2023-2024 Home Room Parents

ECS

Ashley Thomas
Shaya Bellamy

Grade 1

Jacinda Dube
Martha Becker

Grade 3

Christi van Deventer
Sandra Deer

Grade 4

Lindsay Folkerts
Cheryl Connors

Grade 5

Debra Grabo

Grade 6

Caroline Dzingirayi

Grade 7

Amy Druitt

Grade 8

Silvana Lepori
Michelle Werner

Grade 9

Lisa Reimche
Myla Trenchuk

Thank you parent volunteers!.

These parents will be dropping by the student's classroom with goodies, assisting the teachers when they plan extra events, pray for each grade and teacher this year.



We wish a Happy Birthday to the following students who are celebrating their September birthday!

Bethel Deer, Stephen Deer,
Brinley Dube, Nadine Enriquez,
Zoey Foulston, Jeremiah Glasgow,
Mandisa Gumede, Cole Hedgecock,
Cassandra Kay, Yoonhyung Lee,
Liam Mallis, Brooklyn Picco,
Kaden Richelhoff, Col Ritchey,
Kadmiel Sebetela, and
Letizia Souza Aguiar



CHCS ANNUAL FALL DRIED FRUIT & NUT FUNDRAISER

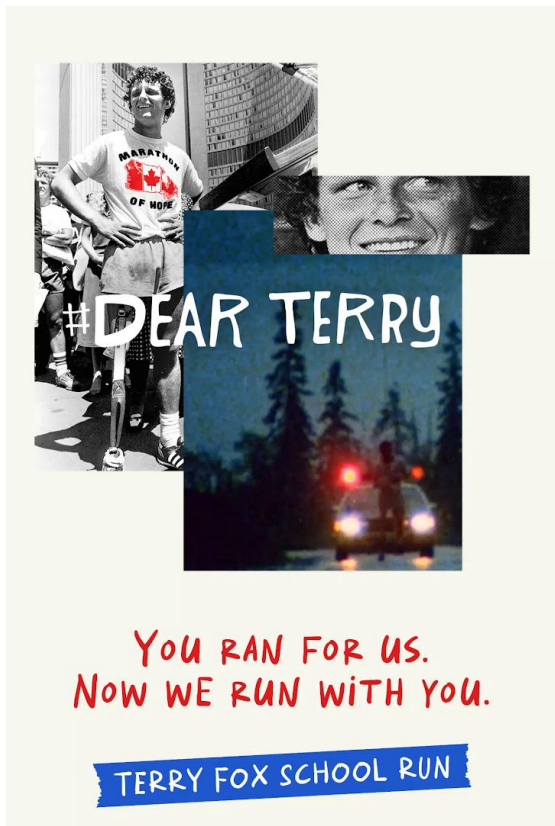
Thank you for supporting CHCS!

Order by Monday, September 25.

Product delivery is expected end of November, beginning of December.

Order forms may be picked up at the school office or by accessing the school website:

www.collegeheightschristianschool.ca



CHCS TERRY FOX RUN

**FRIDAY
SEPTEMBER 22**

ECS-Grade 9

**Walking the trails of
Lacombe.**

Online Donation Access:

<https://schools.terryfox.ca/CollegeHeightsChristianSchool>

**ORANGE
T-SHIRT DAY**

**THURSDAY
SEPTEMBER 28**



No School Days

Friday, September 15

Friday, September 29

Friday, October 6

Monday, October 9

Friday, October 20

*Friday, October 27
(Jr H Only - Reading Day)*



COLLEGE HEIGHTS CHRISTIAN SCHOOL



Phone: 403-782-6212 Email: office@chcs.cc

Website: www.collegeheightschristianschool.ca



College Heights Christian School	Last Name:
Tel: 403 782 6212 email: office@chcs.cc	First Name:
Dried Fruit & Nut Fall Sale	
2023	

Nuts and Fruit Supplied by "Rancho Vignola"

Order Due - MONDAY, SEPTEMBER 25, 2023

NUTS	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	5% Tax	Grand Total
Almonds - Raw, Supreme	US	25	198.38			47.44				
Almonds - Raw, Supreme - Organic	US	25	353.63			78.49				
Almonds - Raw, Unpasteurized	AU	22	327.64			82.23				
Almonds - Raw, Sliced	US	25	215.63			50.89				
Almonds-Raw, Sliced - Organic	US	20	319.70			87.69				
Almonds - Blanched, Slivered	US	25	221.38			52.04				
Almonds - Roasted, Salted	US	25	225.69			52.90			*	
Almonds - Dry Roasted	US	25	211.31			50.03				
Almonds-Dry Roasted- Organic	US	25	383.81			84.53				
Brazil Nuts - Raw - Organic	PE	25	284.63			64.69				
Cashews - Raw	VN	25	241.50			56.06				
Cashews - Raw - Organic	VN	25	267.38			61.24				
Cashews - Raw, Pieces	VN	25	204.13			48.59				
Cashews - Raw, Pieces - Organic	VN	25	237.19			55.20				
Cashews - Roasted	VN	25	261.63			60.09				
Cashews - Roasted, Salted	VN	25	261.63			60.09			*	
Cashews - Dry Roasted - Organic	VN	25	294.69			66.70				
Cashews - Dry Roasted, Salted - Organic	VN	25	294.69			66.70			*	
Hazelnuts - Raw	CA	25	310.50			69.86				
Hazelnuts - Raw - Organic	TR	22	298.54			75.61				
Hazelnuts - Dry Roasted	CA	25	355.06			78.78				
Hazelnuts - Dry Roasted - Organic	TR	22	327.64			82.23				
Macadamias - Raw,	KE	10	211.60			113.56				
Macadamias - Raw - Organic	AU	22	647.68			154.96				
Macadamias - Dry Roasted, Salted	KE	10	228.85			122.19			*	
Peanuts-Roasted, Blanched	US	30	131.10			29.61				
Peanuts - Roasted, Blanched, Salted	US	30	131.10			29.61			*	
Peanuts - Dry Roasted, Blanched, - Organic	MX	30	200.10			41.11				
Pecans- Jumbo Halves, Raw	US	30	424.35			78.49				
Pecans - Raw, Baby Halves - Organic	US	25	457.13			99.19				
Pecans - Raw, Jumbo Halves - Organic	US	30	526.13			95.45				
Pecans - Raw, Pieces	US	30	405.38			75.33				
Pecans - Raw, Pieces - Organic	US	30	491.63			89.70				
Pine Nuts - Raw - Organic	CN	10	289.23			152.38				
Pistachios - Raw, Shelled	US	30	621.00			111.26				
Pistachios - Dry Roasted, Salt, In Shell	US	25	309.06			69.58			*	
Pistachios - Dry Roasted, Salt, In Shell - Organic	US	25	382.38			84.24			*	
Pistachios - Raw, Shelled - Organic	US	30	824.55			145.19				
Walnuts - Halves & Pieces, Raw	US	25	208.44			50.31				
Walnuts - Halves & Pieces, Raw - Organic	US	25	313.38			71.30				
SEEDS	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Chia Seeds - Black - Organic	PY	25	163.88			42.84				
Flax Seeds - Brown - Organic	CA	25	102.06			30.48				
Hemp Seeds - Raw, Hulled	CA	25	192.63			48.59				
Hemp Seeds - Raw, Hulled - Organic	CA	25	264.50			62.96				
Pumpkin Seeds - Styrian, Raw, Hulled - Organic	AT	25	268.81			61.53				
Pumpkin Seeds - Styrian, Dry Roasted, Hulled - Organic	AT	25	323.44			72.45				
Sesame Seeds - Raw, Natural - Organic	IN	25	130.81			36.23				

Sesame Seeds - Raw, Hulled- Organic	IN	25	138.00			37.66				
Sesame Seeds - Raw, Black - Organic	IN	25	146.63			39.39				
Sunflower Seeds - Raw, Shelled	US	25	100.63			27.89				
Sunflower Seeds - Raw, Shelled - Organic	US	25	130.81			33.93				
Sunflower Seeds- Roasted, Salted,Shelled	US	25	115.00			30.76			*	
BEANS										
Black Beans - Organic	CA	22	99.94			30.48				
Navy Beans - Organic	CA	22	99.94			30.48				
Red Kidney Beans - Organic	CA	22	110.06			32.78				
NEW Chickpeas- Organic	CA	15	80.21			34.50				
DRIED FRUIT										
	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Apple Rings	CN	22	209.99			57.79				
Apple Rings - Organic	AR	25	398.19			89.70				
Apple Chips - Organic	CA	5	107.81			na				
Apricots-Sun Dried Halves	US	25	477.25			105.51				
Apricots -Jumbo	TR	27.5	267.24			58.65				
Apricots-Jumbo- Organic	TR	27.5	290.95			62.96				
Apricot Halves - Organic	US	15	339.83			123.34				
Banana Chips Sweetened - Organic	PH	14	73.26			34.79			*	
Bananas - Organic	MX	6	54.51			na				
Bananas - Diced - Organic	MX	6	61.41			na				
Blueberries - Sweetened - Organic	CA	25	644.00			138.86			*	
Cherries - Bing, Pitted - No Sulphur	US	10	152.38			86.25				
Cherries - Bing, Pitted - Organic	US	10	214.48			117.30				
Cranberries - Sweetened	CA	25	153.81			39.39			*	
Cranberries - Sweetened - Organic	CA	25	195.50			47.73			*	
Cranberries - Juice Sweetened - Organic	CA	25	250.13			58.65			*	
Currants	US	25	135.13			37.09				
Dates - Blonde - Organic	US	12	101.43			45.14				
Dates - Deglet, Pitted	US	15	84.53			31.05				
Dates - Deglet, Pitted - Organic	US	15	136.28			48.30				
Dates - Medjool	US	15	159.56			56.06				
Dates - Medjool - Organic	US	15	165.60			58.08				
Figs - Black Mission	US	30	372.60			72.16				
Figs - Black Mission - Organic	US	30	396.75			76.19				
Figs - Golden	US	30	362.25			70.44				
Figs - Golden - Organic	US	30	388.13			74.75				
Figs - Smyrna - Organic	TR	27.5	325.74			69.29				
Ginger - Crystallized Chunks, Sweetened	TH	11	83.49			48.01			*	
Ginger - Crystallized rounds, Sweetened Organic	FJ	25.4	391.41			87.11			*	
Ginger - Crystallized diced, Sweetened - Organic	FJ	25.4	346.14			76.76			*	
Goji Berries - Organic	CN	10	151.80			84.53				
Golden Berries - Organic	PE	10	128.80			73.03				
Mangoes - Sliced, Sweetened	TH	11	89.82			50.89			*	
Mangoes - Sliced, No Sulphur	MX	20	264.50			69.00				
Mangoes - Sliced - Organic	MX	20	311.65			80.79				
Mangoes - Diced - Organic	MX	20	311.65			80.79				
Mulberries - White - Organic	TR	13.2	119.16			54.63				
Nectarines - Sun Dried Halves	US	25	370.88			84.24				
Oranges - Sliced	US	12	224.94			103.79				
Papaya Spears - Sweetened, No Sulphur	TH	11	95.51			53.48			*	
Peaches - Sun Dried Halves	US	25	370.88			84.24				
Peaches - Sliced Organic	US	10	216.20			118.16				
Pears - Sun Dried Halves	US	25	370.88			84.24				
Pears - Sliced - Organic	US	12	271.17			123.05				
Pineapple Rings - Sweetened	TH	11	92.98			52.33			*	
Pineapple Rings - Natural, No Sulfer	MX	20	271.40			78.49				
Pineapple Rings - Organic	MX	20	348.45			89.99				
Prunes - Pitted	US	25	198.38			49.74				
Prunes - Pitted - Organic	US	25	311.94			72.45				

Raisins - Thompson, Select	US	25	104.94			31.05				
Raisins - Thompson, Jumbo	US	25	112.13			32.49				
Raisins - Golden, Jumbo	US	25	150.94			40.25				
Raisins - Thompson - Organic	US	25	133.69			36.80				
Raisins - Sultana - Organic	TR	27.5	150.22			37.38				
Tomatoes - Sun Dried - Organic	US	5	124.78			N/A				
									5%	
BAKING	C of O	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Almond Flour - Blanched Extra Fine	US	25	204.13			49.45				
Hemp Seed Powder - Raw, 50% Protein - Organic	CA	25	264.50			62.39				
Pumpkin Seed Powder - Raw, 65% Protein Organic	AT	25	322.00			73.89				
Baker's Fruit Medley	US	25	240.06			57.50				
Coconut - Medium Shred - Organic	VN	25	150.94			39.68				
NEW Coconut- Strips- Organic	PH	25	248.69			59.23				
Date Pieces, Rolled in Oat Flour - Organic	US	30	222.53			47.15				
Date Sugar - Organic	US	30	284.63			55.20				
Coconut Palm Sugar - Organic	ID	25	136.56			35.08				
Golden Cane Sugar - Organic	PY	25	79.06			23.58				
Whole Brown Sugar - Organic	PE	25	103.50			28.46				
Cocoa Powder Organic	DO	10	86.25			53.19				
Milk Chocolate Wafers, 41% Cocoa - Organic	DE	10	144.33			79.93				
White Chocolate Wafers, 40% Cocoa - Organic	DE	10	148.35			81.94				
Dark Chocolate Wafers, 70% Cocoa - Organic	DE	10	146.05			80.79				
Dark Chocolate Chips, 55% Cocoa - Organic	PE	22	273.24			69.86				
TRAIL, FRUIT & NUT MIXES	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Deluxe Trail Mix	CA	25	192.63			47.15			*	
Mountain Trail Mix	CA	25	155.25			39.68			*	
Mixed Fruit Halves	CA	25	278.88			65.84			*	
Deluxe Nut Mix	CA	25	278.88			64.40			*	
Deluxe Nut Mix - Salted	CA	25	278.88			64.40			*	
Rancho's Super Antioxidant Mix, Raw - Organic	CA	10	148.93			82.23			*	
Rancho's Breakfast Mix, Raw - Organic	CA	10	137.43			76.48			*	
Rancho's Tropical Mix, Raw - Organic	CA	10	137.43			76.48			*	
Rancho's Anniversary Nut Mix, Raw - Organic	CA	10	148.93			82.23			*	
Rancho's Trail Energy Mix - Organic	CA	10	137.43			76.48			*	
CONFECTION	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Milk Chocolate Almonds	CA	26.4	226.18			50.60			*	
White Chocolate Almond Bark	CA	15	158.70			62.96			*	
Dark Chocolate Almond Bark	CA	15	140.59			56.93			*	
Dark Chocolate Cranberries	CA	26.4	279.31			60.66			*	
Milk Chocolate Banana Slices	CA	11	111.95			59.51			*	
Milk Chocolate Mint Layers	CA	11	86.65			49.45			*	
Milk Chocolate Peanuts	CA	26.4	186.71			43.13			*	
Milk Chocolate Raisins	CA	26.4	186.71			43.13			*	
Dark Chocolate Peanuts	CA	26.4	186.71			43.13			*	
Dark Chocolate Raisins	CA	26.4	186.71			43.13			*	
Dark Chocolate Ginger	CA	11	112.59			59.80			*	
Yogurt Covered Almonds	CA	26.4	200.38			46.58			*	
Yogurt Covered Peanuts	CA	26.4	179.12			41.69			*	
Yogurt Covered Raisins	CA	26.4	179.12			41.69			*	
Yogurt Covered Cranberries	CA	26.4	330.92			71.30			*	
Date Nut Rolls - Organic	US	18	121.10			36.51			*	
PREMIUM CONFECTION	Cou Co	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Dark Chocolate Almonds	US	10	166.75			91.14			*	
Dark Chocolate Almonds - Organic	US	10	272.55			144.04			*	
Chocolate Cappuccino Almonds	US	10	170.20			92.86			*	
Chocolate Toffee Almonds	US	10	166.75			91.14			*	
NEW Chocolate Maple Bourbon Pecans	US	10	192.05			103.79			*	
Gourmet Chocolate Nut Mix	US	10	192.05			103.79			*	

Double Chocolate Cherries	US	10	181.70			98.61			*	
Double Chocolate Apricots	US	10	169.05			92.29			*	
Double Chocolate Blueberries	US	10	192.63			104.08			*	
Double Chocolate Strawberries	US	10	221.38			118.45			*	
Triple Chocolate Toffee	US	10	178.83			97.18			*	
Chocolate English Caramels	US	10	157.80			87.00			*	
Jelly Beans - Natural, Assorted Flavours	US	10	119.60			67.56			*	
Gummy Cubs - Organic	US	10	159.85			87.69			*	
FLAVORED NUTS										
	C of O	Pounds	\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
Almonds - Honey Roasted	US	25	237.19			56.06			*	
Almonds - Butter Toffee	US	25	237.19			56.06			*	
Almonds - Honey Orange	US	25	237.19			56.06			*	
Almonds - Onion Garlic	US	25	237.19			56.06			*	
Almonds - Hickory Smoke	US	25	237.19			56.06			*	
Almonds - Tamari	US	25	237.19			56.06			*	
Cashews - Sea Salt & Black Pepper	US	25	297.56			68.14			*	
Pecans - Coconut Praline	US	25	379.50			84.53			*	
Pistachios - Jalapeno	US	25	369.44			82.51			*	
Pistachios - Onion Garlic	US	25	369.44			82.51			*	

GOURMET GIFTS										
	Cou Co		\$/case	# of c	Total \$	\$/5 lb.	# of 5	Total \$	Tax	Grand Total
NEW Cappucino Almond Trio- 130 g	CA	1	11.44			na			*	
Triple Fruit Burst - 130g	CA	1	11.44			na			*	
Gummy Cub Surprise - 180 g	CA	1	13.74			na			*	
Trail Delight - 400g	CA	1	18.34			na			*	
Sassy Strawberry- 380 g	CA	1	25.24			na			*	
Sweet & Salty Nut Mix - 300 g	CA	1	18.34			na			*	
NEW Premium Chocolate Nut Tray - 300 g	CA	1	25.24			na			*	
Dried Fruit Tray - 750 g	CA	1	34.44			na			*	
Savoury Nut Tray - 650 g	CA	1	34.44			na			*	
Sweet Nut Tray - 650 g	CA	1	34.44			na			*	
Gourmet Gift Basket - 8 x 454g	CA	1	120.69			na			*	
Fancy Gift Bags 10 x 400g	CA	1	126.44			na			*	
... RESEALABLE POUCH BAGS										
"Rancho Vignola" Resealable Pouch Bags 1lb size (25 bags)		1	7.99						*	
"Rancho Vignola" Resealable Pouch Bags 2lb size (25 bags)		1	10.29						*	
"Rancho Vignola" Resealable Pouch Bags 5lb size (25 bags)		1	12.59						*	

TOTALS

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PRINT NAME (FIRST, LAST)

DAY PHONE

E-MAIL

NOTE- GST ADDED WHEN APPLICABLE*

Payment is due on pickup.

NOTE: Final Totals will be rounded to the nearest 0.05.

Country Codes

Argentina - AR	Kenya - KY
Australia - AU	Mexico - MX
Austria - AT	Paraguay - PY
Canada - CA	Peru - PE
China - CN	Philippines - PH
Columbia - CO	Thailand - TH
Fiji - FJ	Turkey - TR
Germany - DE	United States - US
India - IN	Vietnam - VN
Indonesia - ID	